



24 September 2018

Dear Parent/Carer

The purpose of this letter is to provide information for you and your child to ensure that their time away on the Sydney Excursion is safe and meaningful.

	CLASSES	DATES	DEPARTURE DETAILS
GROUP 1	7 Emilian Molloy Omeara Sheehy	Thursday 8 to Friday 9 November 2018	Assemble at 5.15am in the school bus bay for a 5.30am departure on Thursday 8 November 2018
GROUP 2	7 Bourke Flynn Hennessy Ita	Thursday 15 to Friday 16 November 2018	Assemble at 5.15am in the school bus bay for a 5.30am departure on Thursday 15 November 2018

- Students will return to James Sheahan Catholic High School (school bus bay) at 7.30pm on Friday night and will need to be picked up from the school bus bay at this time. **Please be at the school to collect your child by 7.30pm.** Any change in this time will be posted on the school Facebook page. If your child has their phone on them and it looks like we are not running to schedule, the staff will ask them to try to contact you when we are leaving Lithgow.
- Prior to our departure very early on Thursday morning, it is critical that everyone gets a good sleep at home on Wednesday night.
- Students must bring their own morning tea and lunch with them on Day One, dinner will be provided at night. Breakfast and lunch will be provided on Day Two. Students must bring enough money to cover morning tea on Day Two.
- Students are to wear their School Sports Uniform on both days. Please keep packed items to the list below as space under the coach is limited. The students will be staying at the Salvation Army Centre Collaroy. The telephone number is 9982 9800. Please ensure that you have completed the attached medical form in as much detail as possible so that your child's needs can be addressed. If your child may have need of an EpiPen it is vital that it is carried with them at all times and is not in their school back pack.
- Students are **not** to bring soft drink or energy drinks of any kind on the trip. It is vital that they have 2 full water bottles.
- It is requested that your child does not bring lollies. Experience has shown that large amounts of sugar from excessive amounts of lollies will not assist students to settle for a good night's sleep while we are away. Teachers are very willing to provide this wonderful learning opportunity for your child but they need rest and recuperation time at night.
- Students should bring their **school bag** as their day pack.
- Students do not need their iPad on this excursion, therefore, it is requested that they do not bring it. They can bring their phone but if they do bring it they will need to take sole responsibility for it and have it clearly labelled with their name. Use of their phone will be restricted. It is also requested that students do not bring speakers. If students wish to listen to their personal devices, they should do so with headphones.
- Please clearly label all their items of clothing, towels, including their school back pack and school hat.
- Please remember the school **hat and sunscreen** is essential.

- All attached paperwork is completed and returned to the school office by **Friday 19 October 2018.**
- If your child is taking medication it must be in the original chemist prescription box with the doctor's dosage clear. Please place this in a snap lock bag with your child's name clearly marked on the bag. No student should carry medication of any type, with the exception of an EpiPen, with them

Packing list

- School sports uniform/school joggers
- Morning Tea and Lunch on Day 1
- 2x Water bottles
- Change of clothing for games
- Sleeping bag
- Nightwear
- Toiletries – deodorant, toothbrush, toothpaste, soap
- Rainwear (poncho from reject shop/\$2 shops)
- **School cap/hat**
- Towel x 2
- Sunscreen
- Spending money – extra food
- Swimming costume lycra/nylon (t-shirts, bike pants, leotards and cut-off jeans are **NOT** acceptable)
- Plastic bags for wet clothing and towel
- School bag to carry lunch
- PLEASE CLEARLY LABEL ALL ITEMS AND BELONGINGS

At all times we can be contacted on the school mobile phone **0403 217 886**

A copy of this letter can be found on the school website. Please contact Mr Dom Maley (Year 7 Coordinator) if you have any further questions.

Please return the attached medical form, phone/iPad and swimming information to Mrs Kennedy in the School Office by Friday 19 October 2018.

We are very grateful to the staff that have been prepared to reorganize their own family and personal life to make themselves available to attend the Year 7 Excursion. Without their generous support of this time away the experience would not be possible. Please discuss with your child the necessity to be considerate and appreciative of the substantial gesture these staff have made by ensuring that their behaviour reflects your family and the school's values while we are away. It is essential that all students attending the time away have the intention of being cooperative and respectful.

The staff are really looking forward to sharing a great couple of days with your children. See you all at 5.15am on Thursday morning!

Kind Regards



Mr Dominic Maley
Year 7 Coordinator

Itinerary

VENUE	TIME	CLOTHING
DAY 1		
Depart JSHCS (Apple City Tours)	5.30am	
Taronga Zoo	10.00am - 1.00pm	School sports uniform to be worn all day until arrival at Salvation Army Collaroy Centre. Students are to carry their school back pack with morning tea, lunch, sunscreen, water bottles and spending money.
Ferry rides from Zoo to Circular Quay and then walk to St Mary's Cathedral - lunch in Botanic Gardens Tours of St Mary's Cathedral	1.00pm - 2.30pm 2.30pm - 3.30pm	School Sports Uniform
Accommodation - Free Time and games at Collaroy Centre - Dinner Collaroy Centre	4.00pm - 5.30pm	Casual clothing
Movie and Ice Cream	6.30pm - 9.00pm	Casual Clothing
DAY 2		
Breakfast at accommodation	7.30am	School sports uniform to be worn all day. Students are to carry their own school back pack. There will be an opportunity to buy morning tea as lunch is provided
Beach walk	9:00am	
Luna Park	11.00am - 1.30pm	
Sydney Olympic Park	2.00pm - 4.00pm	
Return to JSCHS	7.30pm	