



# S e m p e r P a r a t u s

**Newsletter of  
James Sheahan Catholic  
High School**

**Volume 32 Number 19  
1 December 2017**

**1 December**

Grandparents Days – 9:30  
Mercy Hall

**8 December**

Yrs 7 to 10 Presentation  
Assemblies

Year 7 – 10:00am  
Year 8 – 11:10am  
Year 9 – 12:00 Noon  
Year 10 - 1.30pm

**12 December**

Mass 9:30  
Last Day Yrs 10 & 11

**13 December**

Presentation evening

**15 December**

Last Day Yrs 7, 8 & 9

**18 – 19 December**

Staff Development Days  
School Closed for 2017

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## 2018

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**29 & 30 January 2018**

Staff Development Days - pupil  
free days

**31 January 2018**

Years 7, 11 & 12 and new  
students commence

**1 February 2018**

Years 8, 9 & 10 commence

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**School Admin Office hrs**

Mon to Fri 8:00 to 4:00

**School Fees Office hours**

Mon to Fri - 8:00 to 4:00pm  
closed for lunch 12:30 to  
1:30pm.

*Heavenly Father,  
during Advent,  
may we remember the greatest gift ever given:  
Your only Son, Jesus Christ.*

*Fill our hearts with joy day by day  
as we think of our Saviour  
putting aside His heavenly glory  
and coming among us.*

*St John Baptist de la Salle – Pray for us  
Venerable Catherine McAuley – Pray for us  
Mercy given – Mercy received  
Live Jesus in our Hearts – Forever.*

**Stay Awake!**

*Jesus said to the disciples “Beware, keep alert; for you do not know when the time  
will come. Keep awake.” Mark 13:33-37*

We are now entering the Advent Season, the four weeks leading up to Christmas, which is perhaps one of the busiest, most hectic times of the year. In the breathless rush to make the most of the season, it is easy to forget that this sacred season is less about “holiday cheer” and more about a “holy child.”

Advent is our opportunity – a gift from God in itself – to realign ourselves to receive the gift of Jesus.

Advent means “coming”, and this is a time when we prepare for the coming of Christ into our lives and the life of the world. Advent is a time of waiting, of looking forward in hope and expectation, a time when we anticipate the coming of joy.

Throughout this Holy Season, God blesses us with many gifts. Each Sunday as another candle is lit on the Advent Wreath at Mass, we reflect on God’s promises of hope, peace, joy and love. For us here at James Sheahan, the first candle of Advent is a very special candle as it symbolises one of our values. It is the Candle of Hope.

We recall the hope we have in Christ. The prophets of Israel all spoke of the coming of Christ. They spoke of how he would rule the world wisely and bless all nations.

In Advent, we are invited to listen deeply, to wait attentively, and to embrace one another in the love that Christ has made known to us.

Our Advent journey can be a sign of grace to the world around us. In the midst of the bustling activity and stress of the pre-Christmas season, let us find time and space to pause, to watch and to prepare spiritually for Christ’s birth among us.

May this advent season be one of faith-filled anticipation for you and your families, and may your hearts be touched anew by its wonder and joy.

*Mr Mark Pauschmann  
Principal*

## NEW EXECUTIVE APPOINTMENTS

After careful consideration of the applicants who had applied for the Assistant Principal position at James Sheahan, and given that the growing size of the school allowed for this, the Interviewing Panel's recommendation was to offer two positions.

Therefore, it is with pleasure that I announce on behalf of the CEDB, that Mr Michael Tilston and Mrs Michelle Whiteley have been appointed as Assistant Principals for James Sheahan Catholic High School from 2018 onwards.

I extend my congratulations to both Michael and Michelle and wish them God's blessings in their leadership roles that will see them sharing both the Curriculum and Wellbeing needs of our students being centred in our faith.

*Mr Mark Pauschmann  
Principal*

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### Christmas Masses 2017

#### Christmas Eve

6.00pm Mercy Hall  
- James Sheahan Catholic High School  
6.00pm St Columbanus, Cudal  
6.00pm St Michael's, Manildra  
7.00pm St Patrick's, Cargo  
7.30pm St Laurence's Molong  
7.30pm Carols, 8.00pm Mass St Mary's Orange  
10.00pm St Joseph's Orange

#### Christmas Day

8.00am St Joseph's, Orange  
8.00am St Brendan's Mullion Creek  
9.30am St Mary's, Orange  
9.00am St Canice's, Millthorpe

#### Sacrament of Penance

6.00pm Tuesday 19th December – Second Rite at St Laurence O'Toole, Molong  
7.30pm Wednesday 20th December – Second Rite at St Joseph's, Orange  
12.30 – 1.00pm & 5.30 – 6.00pm Thursday 21st Dec – Individual Confessions at St Joseph's, Orange

#### St Stephen's Day (26th December)

8.30am St Joseph's  
No Mass at Molong

Please note there will be no nursing home Masses between Christmas and February.

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### Second-hand Preliminary Textbook Sale

On Tuesday the 5th December, during Sustained Silent Reading Year 10 and 11 students will be called to the Quad. In a bid to assist families, it is hoped that we will be able to pair up students from Year 11 who are wanting to sell their Preliminary Textbooks with students in Year 10 who are wanting to buy discounted textbooks.

As a school, we will not be handling money or setting prices of second-hand books. We are, however, happy to assist in facilitating this process by allowing this meeting time.

For Year 10 students, it is vital that you familiarise yourself with your 2018 electives and the required textbooks. Please note that; Chemistry, Physics, Biology, English Standard, English Advanced, Maths Standard, Ancient History and Modern History have a new syllabus next year and this may make their previous textbooks outdated.

For Year 11 students, you should bring a list of textbooks you are wishing to sell and be willing to discuss these and share contact details with Year 10 students.

Money and textbooks do not necessarily have to be exchanged on the day. It would be more likely that students exchange contact details and arrange for books and money to change hands at another time. This will avoid carrying large amounts of cash around unnecessarily.

*Mr Dom Maley and Mrs Kieron Hogan  
Year coordinators*

## Library News

The James Sheahan Library Website continues to provide online and text resources for the research-based assessment tasks undertaken by students. Accessible through the “library” link at the top of the JSCHS Homepage, the website provides a wide range of resources supporting classroom studies and recreational reading activities.

Students are also able to access online copies of Past Papers when studying for their examinations.

The website homepage has been viewed over 13000 times this year, with the most popular resource guide being Past Examination Papers with over 5000 views.

Other interesting facts from the Library in 2017:  
Accelerated Reader:  
6851 books read and quizzes passed  
100,191,808 words read  
AR book collection contains 2449 books  
Most quizzes taken by one student this year: 87

Library:  
Fiction book collection contains 2455 books  
9911 Books loaned to students during the year

*Mrs Lynn Peard  
Librarian*

## Executive Director's Summer Reading Challenge Catholic Diocese of Bathurst

Help stop the summer slide by encouraging your child to read every day during the school holidays.

Research tells us that children who read for at least 10 minutes a day over the summer holidays have a better start to the new school year than children who spend little or no time reading. Reading over the holidays helps children maintain or improve the reading level that they developed through the school year. Kids who don't read over the summer holidays can lose core reading skills and slide backwards, potentially falling behind when they return to school.

### EXPAND YOUR IMAGINATION BY READING THIS SUMMER

These summer holidays, for the third successive year, I will once again be launching my Summer Reading Challenge and encouraging all students to read, read, read!

Students can read anything they like to enter the challenge, whether it's a comic, play, book, e-book or graphic novel.

### READ TO LEARN... READ FOR FUN... READ TO WIN

The Executive Director's Summer Reading Challenge is open to all students enrolled in our systemic Catholic schools in the Diocese of Bathurst. Students need to independently read 10 or more age-appropriate books (5 full length novels for secondary) during the summer holidays to go in to the draw to **win one of four iPad minis**.

There are two categories, based on the year group the student is in on Tuesday 6 February 2018. The categories are:

- Primary – (Years K-6)
- Secondary (Years 7-12)

### HOW TO ENTER

Go to the Catholic Education diocese of Bathurst website for more details about how to enter.

[https://docs.google.com/forms/d/e/1FAIpQLSdGFpVLAXOyUQSZ900\\_XG9tiErq\\_aNeGZFUXBrmzVKR82ZHUg/viewform?c=0&w=1](https://docs.google.com/forms/d/e/1FAIpQLSdGFpVLAXOyUQSZ900_XG9tiErq_aNeGZFUXBrmzVKR82ZHUg/viewform?c=0&w=1)

**Entries must be received by 5pm, Tuesday 6 February 2018.** The draw will take place on Friday 16 February 2018 and the winners will be published on the [Catholic Education website](#).

## JSCHS Clothing Pool (Second Hand clothing) and Sustainable School Shop

The uniform is compulsory and compliance with all aspects of uniform and grooming is a condition of enrolment. It **includes** a chiropractic school bag, the school belt (for boys) and the school socks for both boys and girls.

Second-hand uniforms are available through the James Sheahan Clothing Pool which operates by appointment through the school canteen. **They currently have a number of blazers available for both boys and girls – the prices range is \$80-\$90 each.**

Or you may wish to on sell through the Sustainable School Shop

If you have text books which you will not be selling and would like to donate these please also drop these at the Canteen for redistribution or disposal.

The Sustainable School Shop is an innovative online service that has been especially developed to assist parents and students with trading all their second-hand uniforms. JSCHS will continue to use the services of the Sustainable School Shop to enable families to trade and recycle their second-hand textbooks, uniforms and student resources, and encourage our families to continue to support this helpful service.

For the best results:

- List items for sale
- List Wanted Ads for those items you are looking to buy
- The school's books and uniform lists are loaded into the system to make listing ads easy
- The system matches the ads of buyers with sellers and notifies the buyer (Wanted Ad) via email
- Buyers contact sellers and arrange where and when to trade
- Most trading will occur with other parents from the school
- Parents are well supported via Sustainable School Trading's telephone (1300 683 337) and email help lines.

The system is simple and easy to use - If you don't have a computer, internet access or an email address, please call the Sustainable School Shop for assistance. Registering on the Sustainable School Shop is free. Go to [www.sustainableschoolshop.com.au](http://www.sustainableschoolshop.com.au)

H17/79849

## Adolescent human papillomavirus (HPV) vaccination program

In early 2017 parents/carers of Year 7 students were asked to provide consent for their children to receive three doses of HPV vaccine in the NSW School Vaccination Program.

**Most\* Year 7 students who have received two doses of HPV vaccine are considered to be fully vaccinated and do not require a further dose.**

This change is based on recent international studies that show for children aged 9 to 14 years of age, two doses of HPV vaccine provide the same protection as three doses, as long as the second dose is given at least six months after the first dose. Based on this evidence, the World Health Organization (WHO) now recommends a two-dose HPV schedule, and this has already been adopted in comparable countries (i.e. the UK, Canada, the United States and New Zealand) and is now being adopted in Australia.

In 2017 Year 7 students were given the second dose of HPV vaccine at least six months after the first dose to accommodate the urgent roll-out of the Meningococcal W Response Program to Year 11 and 12 students. Year 7 students who have received only one dose of HPV this year will be offered their second dose in 2018. Parents/carers whose children were vaccinated in 2017 but who still wish for their child to receive a third dose of HPV vaccine can access a free dose from their general practitioner (GP).

\* Students with significantly impaired immune systems are still recommended to have three doses of HPV vaccine. Parents of these students should make arrangements to complete the vaccine course with their GP or by calling their local public health unit on 1300 066 055.

More information is available on the NSW Health website at [www.health.nsw.gov.au/hpv](http://www.health.nsw.gov.au/hpv) or by calling your local public health unit on **1300 066 055**.

## Dream Cricket

On Thursday 2<sup>nd</sup> Nov, 17 of our year 9 & 10 students attended the annual 'Dream Cricket Gala Day' at Wade Park. Dream Cricket was developed by the Bradman Foundation, The Movement Disorder Foundation & Rotary International. Dream Cricket provides disabled and/or disadvantaged primary school students with an opportunity to participate in cricket based skills and modified games.

Once again, our students ran each of the skills/games sessions very effectively. Many thanks not just to the students who were selected to attend, but also to all of those who applied. We had close to 60 people apply for 17 positions, which is a testament to the willingness of our students to get involved with worthwhile community events.



*Mr Gerard Hannelly  
Dream Cricket Coach*

## REUNION

On Saturday, November 18, Marg Bastick and Chris Hanson showed five former students through the school.

They were representatives of the Year 7 class of 1978 (the first group to begin high school at Sheahan), having a 40-year reunion.

In those days, there were only boys at the school who had been moved up from De La Salle College. The girls arrived in 1980.



They were impressed with the size of the school and the facilities that have been added over the years.

They also did some reminiscing and story-telling as they walked the old corridors.

In the photo, they are:  
Robert Kudrins, Mark Kennedy, Tony Hanson, Shane Chislett and Peter Duffy and Mrs Marg Bastick

*Mr Chris Hanson.*



# James Sheahan P&C



**Results of AGM** – our Committee was re-elected, with the addition of Kelly Carberry as Co-Vice President with Sandi McAtamney:

President: Tom Capell  
Vice-Presidents: Sandi McAtamney & Kelly Carberry  
Secretary: Mary Taylor  
Treasurer: Neal Livermore  
Publicity Officer: Stew Vidler

We look forward to another exciting year in 2018!

**P&C projects** – At our last meeting on Wednesday 22 November we agreed to assist the Duke of Edinburgh programme at James Sheahan, with a grant of \$2,000 to be put towards acquiring an equipment bank for students whose families cannot afford to pay for it, as the equipment required for Duke of Ed is quite costly. Together with our funding for the Rite Journey (\$11,510), teacher grants (\$2,500), athletics singlets and netball kits (\$2,350), and the SRC water bottle station (\$1,975) we are supporting a range of projects around James Sheahan.

We will also be encouraging teachers to submit grant applications during Term 2 in 2018, and the student leadership team has also been invited to submit grant applications, which should translate into a balanced portfolio of projects supported by the P&C.

**If you have any suggestions, please email us, or attend our next meeting (information below).** We really enjoy what we do, and our meetings are generally well attended and enjoyable. We'd love to see you there!

NB: fundraising is only a small part of what we do, largely due to the success of the Voluntary Contribution, for which we again thank all those families who have contributed. A lot of our meeting time is taken up deciding which projects to support, and in discussing wellbeing and other issues that are relevant to our children's happiness and to the school's culture.

**P&C information on the school website** – scroll down the right hand side of the James Sheahan website page (<http://www.jschs.nsw.edu.au>) and beneath 'Community & Faith' is 'P&C Association (Parents & Carers)'. Click on that, and you can access P&C documents such as minutes etc. Check out our meeting dates for 2017 - put them in your diary and come along to find out what's going on! Meetings twice per term upstairs at Kellys Hotel.

**P&C Facebook Page** - reminder that the P&C has a dedicated Facebook page at [www.facebook.com/SheahanPandC](http://www.facebook.com/SheahanPandC). 'Like' our page to be kept up to date with P&C news and events.

**Movie Tickets** – are available for \$12 each (cheaper than any tickets purchased at the theatre itself, including children's tickets). Please note – tickets have up to 12 months before they expire.

\* Tickets are available from the School Office ONLY – you are asked to put the money in an envelope marked with family/students name, roll call group and how many tickets required.

\* Payment by **CASH** or **CHEQUE** only.

**Next P&C meeting – 6pm Wednesday 14 February 2018 (week 3)**

**General Meeting**

**'Bistro' room downstairs at Kellys Hotel –  
everybody welcome!**

*If you have any suggestions or queries, please contact the P&C committee via email at [sheahanpandc@gmail.com](mailto:sheahanpandc@gmail.com)*